

# Coaching Philosophy

Dan Cosgrove



“I believe managing is like holding a dove in your hand. If you hold it too tightly you kill it, but if you hold it too loosely you lose it” – Tommy Lasorda

My overall goal in coaching is to get the absolute most out of every player both on and off the baseball field. The number one objective I have as a coach is to prepare these young men to be highly successful people in the community, classroom and the baseball field. I will emphasize hard work, dedication, discipline and pride both on and off the field. I will teach my players to focus on the process of getting better and not on the instant results. When one focuses solely on the process and buys into the process of getting better every day the success will take care of itself.

I believe baseball provides a unique opportunity for a player and coach to learn crucial life lessons and become better as a person. Baseball is a game of failure. The best players fail 7 out of 10 times while at the plate. As with life, adversity is habitual in the game of baseball and the only way to be successful as a person or player is learning to overcome that adversity by living life and playing the game without fear of failure while demonstrating great character and integrity. I expect nothing more or less from my players than what I am willing to give to them on a daily basis.