

South St Paul Food Distribution Calendar 2018-19

July 18							August 18							September 18							October 18						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7				1	2	3	4							1		1	2	3	4	5	6
8	9	10	11	12	13	14	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
15	16	17	18	19	20	21	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
22	23	24	25	26	27	28	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
29	30	31					26	27	28	29	30	31	23	24	25	26	27	28	29	28	29	30	31				
													30														

November 18							December 18							January 19							February 19						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
				1	2	3						1			1	2	3	4	5						1	2	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	3	4	5	6	7	8	9
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	17	18	19	20	21	22	23
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31			24	25	26	27	28		
							30	31																			

March 19							April 19							May 19							June 19						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
					1	2		1	2	3	4	5	6			1	2	3	4							1	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	28	29	30				26	27	28	29	30	31	23	24	25	26	27	28	29		
31																			30								

KEY/COLOR CODING

- # **FREE SUMMER MEALS**
Children Age 18 & Under
 USDA Summer Food Service
 Program Mondays - Thursdays
 July 9 - August 3
- Location** **Breakfast** **Lunch**
 Kaposia 8:30-9:00 11:30-12:00
 Lincoln Center 8:30-9:00 11:30-12:00
 Secondary 8:00-8:30 11:30-12:00
 Adults \$2.25 \$3.85
-  **FREE Food Distribution**
 Second Harvest Food + You
SSP Secondary: 4-6 pm New Time!
 Enrolled SSPPS Students/Families
-  **FREE Food Distribution**
 Second Harvest Food + You
Lincoln Center: 2 - 6 pm
 Enrolled SSPPS Students/Families
-  **FREE Food Distribution**
 Second Harvest Food + You
Kaposia Education Center:
4-6 pm New Time!
 Enrolled SSPPS Students/Families
-  **Food Shelf - FREE**
 Open M-F - 8:45 am - 3:30 pm
Neighbors, Inc.
 Eligible residents No. Dakota Co.
-  **NAPS: Nutrition Assistance**
 Program for
 Seniors - **FREE** 10 am - 12 pm
Neighbors, Inc.
 Qualifying Senior Citizens
-  **Fare For All - Reduced Price Food**
Central Square: 4 - 6 pm
 Open to Community
-  **South St. Paul Farmers' Market**
 Wednesdays: 2 - 6 pm
 June 20 - September 26, 2018
12th & Southview
 EBT & WIC accepted



www.sspps.org

The **Food + You** program provides FREE food to any families with students enrolled in the SSP Schools, ages birth to ABE. There are no income guidelines or registration required. Food distributions offer dry goods such as cereal, rice, pasta, peanut butter, canned chicken, tuna, and soup. Also available, fresh fruit, vegetables, bread milk and much more.



These opportunities are one way SSPPS helps our families stretch their food dollars and ensure their children are well fed and ready to learn. www.2harvest.org

For More Information:

Kelcie Litchfield (FSW)
Daisy Medina Cuenca (CL)
Kaposia
1225 1st Ave. S.
651-451-9260

Janet Tarr (FSW)
Cecilia Larson (CL)
Lincoln Center
357 9th Ave. N.
651-457-9426

Katherine Perla (FSW)
Shannon Lippke (CL)
Secondary Building
700 2nd St. N.
651-457-9408



The Summer Food Service Program (SFSP) was established to ensure that children continue to receive nutritious meals when school is not in session. www.summerfood.usda.gov



Neighbors, Inc.
222 Grand Avenue West
South Saint Paul, MN 55075
651-455-5000

neighbors, inc.

Neighbors is a non-profit, social-service agency that provides food, clothing, transportation and financial assistance to residents of Inver Grove Heights, South St. Paul, West St. Paul, Mendota Heights, Mendota, Sunfish Lake and Lilydale.

Food Shelf: M-F
8:45 a.m. - 12:15 p.m. & 1:00 - 3:30 p.m.

NAPS: Nutrition Assistance Program for Seniors – FREE for qualifying senior citizens

www.neighborsmn.org

Fare For All
is open to everyone, at community-supported locations across Minnesota.

Are you looking for a way to stretch your grocery dollar and to help others at the same time?

Fare For All in South St. Paul
Central Square Community Center

763-450-3880
www.fareforall.org
Find us at www.facebook.com/fareforall

FARE FOR ALL
Food that makes cents

Fare For All is a program of the Food Group.

Save up to 40% on groceries

Third Tuesdays: 4:00 – 6:00 p.m.

SSP Central Square Community Center
100 7th Avenue North
South St. Paul, MN 55075
651-366-6200

South St. Paul Farmers' Market

SAINT PAUL GROWERS ASSOCIATION
SAINT PAUL FARMERS' MARKET
100% LOCALLY GROWN SINCE 1884

We Accept EBT

12th and Southview
Wakota Credit Union
Parking Lot

Wednesdays

June 20 - Sept 26, 2018
2:00 - 6:00 p.m.

Other Food Options Around the Community:

Loaves & fishes

Serving **FREE** Hot Meals:

River Heights Vineyard Church
6070 Cahill Ave E, Inver Grove Heights
Monday - Thursday
5:30 - 6:30 p.m.

St. Matthew's
510 Hall Ave., St. Paul
Monday - Friday
5:00 - 6:00 p.m.